



THE JOURNAL

In his *Journal* Thoreau crafts a writing practice that awakens our senses. When we read the account of his daily activities we think, feel and perceive alongside him. Thoreau becomes a neighbor and each page of his *Journal* has something to teach us.

Thoreau's *Journal* shows us how to move between private and public spheres, between fact and opinion, between thought and action. Its many registers and themes are living memory of how democratic values can be enacted daily. In the midst of today's challenges, Thoreau's prose can teach us the beauty and precision of activism.

THOREAU
FARM
BIRTHPLACE OF HENRY DAVID THOREAU
(1817-2017) 200th BIRTHDAY

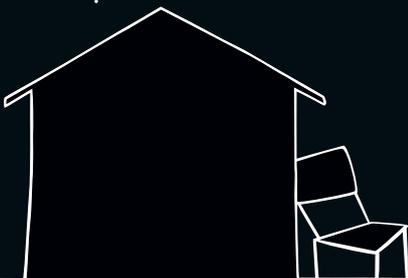


THE THOREAU SOCIETY
outreach • education • advocacy



THOREAU

ON & OFF THE PAGE
JOURNAL WRITING ON THE MOVE



A CREATIVE WRITING AND MINDFULNESS WORKSHOP

THE WORKSHOP

In our one-day workshop, participants will learn different journaling techniques alongside listening and mindfulness practices extracted from Thoreau's Journal.

The workshop starts with a two-hour session at Thoreau Farm. In these morning hours we will introduce the Journal and participants will learn skills necessary for impactful journal writing. After a lunch break, we will visit the exhibition *This Ever New Self: Thoreau and His Journal* at the Concord Museum. Following our visit, our 'journalists' will share their impressions of the exhibition and partake in a two-hour creative writing session at the Thoreau Institute.

SCHEDULE & PRICE

10-12 Morning Session at Thoreau Farm.
12-1 Lunch Break.
1:30-2:30 Exhibition Visit at the Concord Museum.
3-5 Afternoon Session at Thoreau Institute.

Price: \$80

DATES:

October (Saturday 21st) - November (Saturday 18th)

LOCATION:

Our workshop starts off at Thoreau Farm (341 Virginia Rd, Concord, MA). Upon registration, participants will receive specific directions for our movements within Concord.

* High schools, colleges, and educational institutions interested in bringing groups of students to our workshop should contact us for availability.

THE NOMADIC SCHOOL OF THE SENSES (NoSoS) creates innovative educational environments for institutions and individuals that are looking to bring value into their community. Our school recaptures the cultural heritage of cities and great literary figures and puts it into dialogue with the challenges of our present. Our program *Quixote: Designer of our Present*, commissioned by Universidad de Alcalá / Istituto Europeo di Design / Madrid Prado- Medialab was part of the 2016 official Commemorations of the 400th Anniversary of Cervantes' death.

ERNESTO ESTRELLA, founder and director of the *Nomadic School of the Senses (NoSoS)*, is a member of the Thoreau Society, and a Thoreau scholar and translator. With a PhD from Columbia University, he has worked as Assistant Professor of Contemporary Poetry at Yale University. An author and musician, during 2015-16, he was the executive director of *The Voice Observatory*, a music and sound-art platform funded by the Senate of Berlin.

IN THOREAU ON & OFF THE PAGE YOU WILL:

- Learn about Thoreau's life, work, and present-day relevance.
- Discover how journaling techniques may enhance your creative writing and critical thinking.
- Develop a listening & mindfulness practice.
- Discover Thoreau's manuscripts at 'This Ever New Self: Thoreau and His Journal' exhibition.

**FOR SIGNUP INFORMATION WRITE TO:
NOSOSTOUCH@GMAIL.COM**

